

## **FAMILY CONFERENCE MENU 2019**

Our Campus Kitchen prepares delicious, made-from-scratch meals for everyone to enjoy. **New this year: simpler, more cost effective breakfasts and gluten-free menu options!** Our Gluten-Free Meals provide a "gluten-free" substitute for the main dishes below at an additional cost of \$1/meal. Please note that these meals are not 100% gluten free for those with serious allergies (careful food separation is not possible in our industrial kitchen, allowing for the possibility of cross-contamination). We will not be liable for any reaction caused by eating food prepared in our kitchen. Gluten-Free Meals must be reserved in advance over the phone at 903-636-9201.

### **SATURDAY, APRIL 27**

Brunch: Fruit Salad, Scrambled Eggs, Bacon, Hashbrowns, Whole Wheat Pancakes/Syrup, Milk/Juice/Coffee

Dinner: Salad, Baked Potato Bar, Ground Beef, Cheese, Butter, Sour Cream, Bacon, Green Onions, Rolls, Butter, Honey

### **SUNDAY, APRIL 28**

Breakfast: Fruit, Blueberry Muffins, Hot Hard Boiled Eggs, Yogurt, Cereal, Milk/Juice/Coffee

Lunch: Whole Fruit, Homemade Bread, Turkey/Roast Beef, Sliced Cheddar, Lettuce, Tomatoes, Pickles, Mayo, Mustard, Potato Chips, French Onion Dip, Oatmeal Cookies

Dinner: Salad, Chili, Cheese, Sour Cream, Onions, Cornbread, Butter, Whole Fruit, Lemonade

### **MONDAY, APRIL 29** *(meal packages start with Monday dinner)*

Breakfast: Fruit, Cranberry Greek Yogurt Coffeecake, Hot Hard Boiled Eggs, Yogurt, Cereal, Milk/Juice/Coffee

Lunch: Salad, Ranch Chicken Sub Sandwiches, Zippy Corn Chowder, Caramel Apple Pretzel Salad, Bottled Water, Whole Fruit

Dinner: Salad, Swedish Meatballs, Mashed Potatoes, Brown Gravy, Glazed Carrots, Rolls, Butter, Honey, Carrot Cake

### **TUESDAY, APRIL 30**

Breakfast: Fruit, Oatmeal Chocolate Chip Muffins, Hot Hard Boiled Eggs, Yogurt, Cereal, Milk/Juice/Coffee

Lunch: Salad, Chicken Sandwiches, Lettuce/Tomato, Sliced Cheese, Mayo/Mustard, Chips, Chocolate Chip Cookies, Bottled Water, Whole Fruit

Dinner: Salad, Supreme Burritos, Beans, Beef, Rice, Cheese, Salsa, Sour Cream, Tortilla Chips, Guacamole, Banana Pudding

### **WEDNESDAY, MAY 1**

Breakfast: Fruit, Pumpkin Muffins, Hot Hard Boiled Eggs, Yogurt, Cereal, Milk/Juice/Coffee

Lunch: Salad, Chicken Wraps, Cheese, Lettuce/Tomatoes, Ranch/Chipotle Ranch, Sun Chips, Bottled Water, Whole Fruit, M&M Cookie Bars

Dinner: Salad, Dreamy Fettuccini, Green Beans, Garlic Bread, Italian Crème Cake

### **THURSDAY, MAY 2**

Breakfast: Fruit, Quick Coffee Cake, Hot Hard Boiled Eggs, Yogurt, Cereal, Milk/Juice/Coffee

Lunch: Salad, Hamburgers, Cheese, Lettuce/Tomatoes, Onions/Pickles, Mayo/Mustard/Ketchup, Chips, Cranberry White Chocolate Cookies, Bottled Water, Whole Fruit

Dinner: Salad, Rice, Creamy Chicken Casserole, Normandy Vegetable Blend, Applesauce, Rolls, Butter, Honey

### **FRIDAY, MAY 3** *(meal packages conclude with Friday dinner)*

Breakfast: Fruit, Banana Muffins, Hot Hard Boiled Eggs, Yogurt, Cereal, Milk/Juice/Coffee

Lunch: Salad, BBQ Chicken Sandwiches on Sweet Potato Biscuits, Pickles, Onions, Provolone, Kettle Cooked Chips, Snickerdoodles, Bottled Water, Whole Fruit

Dinner: Salad, Pizza, Fudge Brownies

### **SATURDAY, MAY 4**

Breakfast: Fruit Salad, Cinnamon Rolls, Scrambled Eggs, Hashbrown Casserole, Sausage, Yogurt, Cereal, Milk/Juice/Coffee

Lunch: Salad, Beef Hotdogs, Relish, Mustard, Cheese, Chili, Potato Salad, Baked Bean, Chips, Cookies

Dinner: Salad, Vegetable Beef Soup, Grilled Cheese Sandwiches, Sweet Tea